

Yes, I Want to be part of this jorney

# The Left Side of Olorum

0 l o r u m ...

is ...



... one of the names of God ... the supreme deity in Umbanda religion & mythology ... considered the creator of the universe ... the source of all life ... is omnipotent and omniscient.

#### **Discover the Left-Side:**

A Transformative Journey with The Left-Side Orishas .

Embark on a profound journey into our shadows and the hidden aspects of our soul. In this course, we explore how these archetypes, deeply connected to our humanity, reveal facets of ourselves that often hinder us simply because they are unknown or avoided.

#### **The Shadow Work**

By bringing these parts into the light of consciousness, we can integrate them into a deeper understanding of who we are, expanding our vision of life and strengthening our connection to our essence. This process fosters spiritual autonomy and encourages us to take greater responsibility for our personal evolution. It is a path to redefining patterns and creating space for a more conscious and authentic existence aligned with our divine essence.



Testimonials (collected from anonymous evaluation forms)

Take a moment to read testimonials from past students, sharing their experiences and the impact this course has had on their journeys:

"It was a beautiful course filled with so much magic and transformation"

"Yes. It was a lot new for me."

"I loved it! I had so much to learn and unlearn I would like to go back and do it all again..."

"Yes, this course exceeded my expectations. I really appreciated the reading materials "From a crossroad of time and space" and "Hail to the Pomba Gira." The "Mirim" paper was wonderful also."

The Left Side of Umbanda represents the spiritual forces and entities that work on the denser vibrational frequencies, typically connected to protection and karmic balance. These energies, often misunderstood, are fundamental in providing guidance, resolving complex issues, and breaking spiritual barriers.

## **KEY ASPECTS**

- In Umbanda, the Left Side is not separate or opposite but complementary to the Right Side, forming a holistic spiritual practice rooted in the balance between light and shadow.
- Misconceptions: Often associated with fear or taboo, the Left Side emphasizes
  accountability and the law of cause and effect rather than punishment.
- Exús and Pombagiras: Entities that work on the Left Side, acting as intermediaries between the material and spiritual worlds. They are not "evil" but are guardians of paths, justice, and transformation.
   Justice and Karma: The Left Side addresses imbalances and helps people face their
- Justice and Karma: The Left Side addresses imbalances and helps people face their karmic debts, fostering personal growth and evolution.
- Practical Spirituality: It's focused on real-life challenges, aiding in overcoming obstacles, dissolving negativity, and promoting self-awareness with hands on workshops

# Yes, I Want to be part of this jorney

### **What to Expect:**

This course is designed as a comprehensive and transformative journey, blending theory and hands-on practice:

- Theoretical Insights: Explore the technical and philosophical aspects of the Orixás to build a solid foundation of knowledge.
- **Practical Experience:** Engage directly with these energies by performing specific offerings to these forces.

  Each ritual is guided with detailed instructions to ensure a meaningful experience.
- Online Reflection Session: Share your experiences, clarify doubts, and deepen your connection with these
  powerful archetypes in a dedicated online gathering.

Whether you're seeking personal growth, spiritual alignment, or a deeper connection to Afro-Brazilian traditions, this course offers a unique opportunity to look inward, expand your consciousness, and take an empowered step forward on your spiritual journey.

#### ~ Catalyze Personal Transformation ~

The entities associated with the Left Line are notably direct and powerful in their approach to spiritual work thus effective at catalysing personal transformation and helping overcome personal life obstacles and demands.

#### ~ Deeper Understanding of Our Collective ~

Develop profound understanding and compassion for others who may be struggling with darker energies or negative experiences. Empathize, connect, and decode phenomena of human nature within the Umbanda community and global macrocosm.

#### ~ Spiritual Protection ~

Ward off negativity and protect against harmful influences.

#### ~ Cross Cultural Syncretism, Intergenerational Healing & an Ancestral Future

There are many similarities in the beliefs and practices associated with Exú across various cultures. In both the Yoruba religion and other traditions that honor Exú, he is often seen as a mediator between humans and the spirit world. The art of offerings and prayers are made to him for protection, guidance, and blessings. Through ritualistic intention, we can embrace the best version of ourselves and heal and inspire our ecosystem to make the world a better place.

#### The facilitator:



Born in Brazil, Juliana Brunnquell has practiced mediumship in Umbanda and Umbandaime for more than 15 years. She is a priestess of *Sacred Umbanda* bestowed by Alexandre Cumino in Colegio Pena Branca in São Paolo, Brazil. Juliana is a Fire Alchemist initiated by Alexandre Cumino and also an alchemist of Exú initiated by Fatima Saraceni.



Watch 2 Open Master Classes.

@escoladopentagrama
channel
on You Tube:

<u>Class 1: Introduction to Umbanda</u> <u>Class 2: The Left side in Umbanda</u>

<u>Yes, I Want to be part of this jorney</u>

Lagoyê